

Parklands Primary School – PSHE Overview

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Protective Behaviours	Other
Assembly themes (SEAL*)	New beginnings* Good to be me!* Getting on and falling out*		New Year, new you* Going for goals* Anti-bullying week Healthy lifestyles (Change 4 Life campaign) Mental Health awareness		Changes* Road safety week Sun safety / Safety in the environment Relationships* Health Child week		Throughout the year, the following themes are followed: <ul style="list-style-type: none"> • Rights and responsibilities • Feelings • Fun to feel scared • Early Warning signs • Nothing so awful you can't talk about it • Networks • Using networks These are started in term 1 and completed in term 2, with the networks being refreshed each term and other areas repeated as necessary as appropriate to each class / Year group.	Assembly themes change annually and are related to values, beliefs, customs, traditions and cultures.
YR	Routines Ourselves	PSED area of learning addressed across the whole school year				Friends Transition		Safety "Beep Beep" day
Y1			Teamwork My new year's resolution What am I proud of?		Cultures			
Y2	Communities Cultures		New Year's resolutions How to achieve our goals. Famous inspirational people. Friends- make up playground games					
Y3	Active Listening; cooperative modelling (Peer mentor file – sessions 1 and 2)		Greek influence (Olympics – going for gold)					
Y4	Self-esteem & self-awareness Feelings (identifying feelings; body language) and empathy (coping with difference; values;) (Peer mentor file – sessions 3 and 4)		Relationships The World Around Us		Health & Safety issues Exploring Attitudes Opinions & values Y4 residential offers the opportunity for pupils to set and meet personal challenges, make new friends and stay away from home (often for the			

			first time)		
Y5	Resolving conflict (open and closed questions, "Ask Sam" scenarios (Peer mentor file session 4)		SEAL scheme	SRE St John's first aid	
Y6	Understanding conflict and mediation (role play) (Peer mentor file session 5) Y4 residential offers the opportunity for pupils to set and meet personal challenges, make new friends and stay away from home.			SRE St John's first aid Hero's journey Transition Unit – preparing for secondary	Bikeability
Whole school	TAMHS project Healthy Child initiative	Mental Health campaign	Internet safety (including presentation to parents) Road safety campaign		Family Funs (Y1/2)
Policies	Food policy		Outside agency links	MASH Service Six	